

# Novel Treatments for Mood <u>Disorders</u>

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### Disclosures

My spouse/partner and I have the following relevant financial relationship with a commercial interest to disclose:

Spouse is an employee of Roche Pharmaceuticals



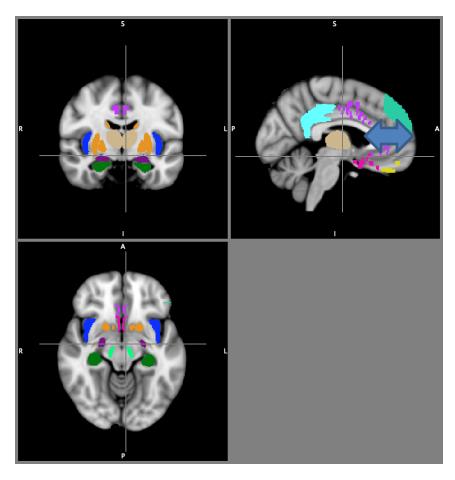
# **MDD Statistics**

- 12 month prevalence U.S.: 9%
- Mortality from Suicide: 20+ x gen pop
- Increased risk of CV death.
- Economic Costs to U.S: \$36.6 Billion

Lepine JP, Briley M. Neuropsychiatr Dis Treat 2011; 7(suppl 1) 3-7.



# **Depression Model**





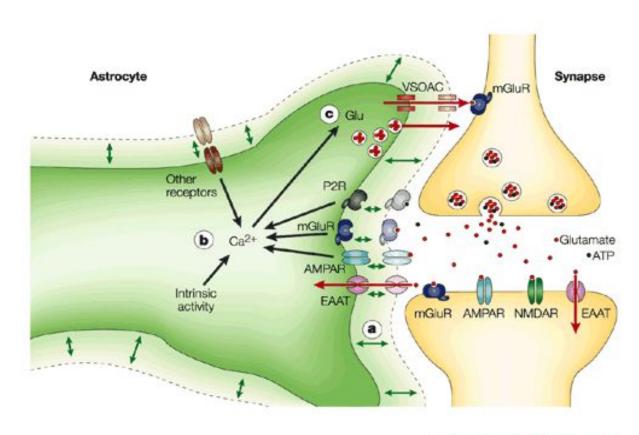


# **Targets**

- Glutamate
- GABA
- Monoamines
- Opiates
- Inflammation
- Neurosteroids
- Mood Stabilizers
- Neuromodulation
- Non-Pharmacologic Tools



## Glutamate Synapse



Nature Reviews | Neuroscience



## Glutamate

- NMDA
- AMPA
- Metabotropic
- Allosteric Modulators
- EAAT augmentation



#### **NMDA**

- R-Ketamine (PCN-101; HR071603)
  - Lower potency NMDAr antagonist (PCP site)
  - Lower potency DARI
  - Longer lasting AD effects in animal models.
  - Phase I trial underway in China



#### **NMDA**

#### BHV - 5000

- "Low trapping" NMDA antagonist
- Lanicemine active metabolite
- Phase II CRPS
- Plan MDD



### Combination Medication

- AXS 05
  - Buproprion/dextromethorphan
  - DM: NMDA and sigma-1 agonist, TRI, Nicotinic receptor antagonist.
  - Breakthrough Therapy Designation for MDD,
     AD agitation
  - Fast Track: TRD
  - Currently in phase III



#### **AMPA**

- Perampanel FDA approved anticonvulsant
  - AMPA antagonist
  - 8 mg/d and 12 mg/d: 12 and 20% hostility AE
  - Probe for ketamine.
- Org 24448 potentiates AMPA subfamily GLUR
  - Study was withdrawn
- Rapastinel
  - 2016 Breakthrough Therapy designation from FDA
  - NR2B triggers influx of intracellular calcium
  - Increased AMPA
  - Phase III trials did not separate from placebo.



# Metabotropic

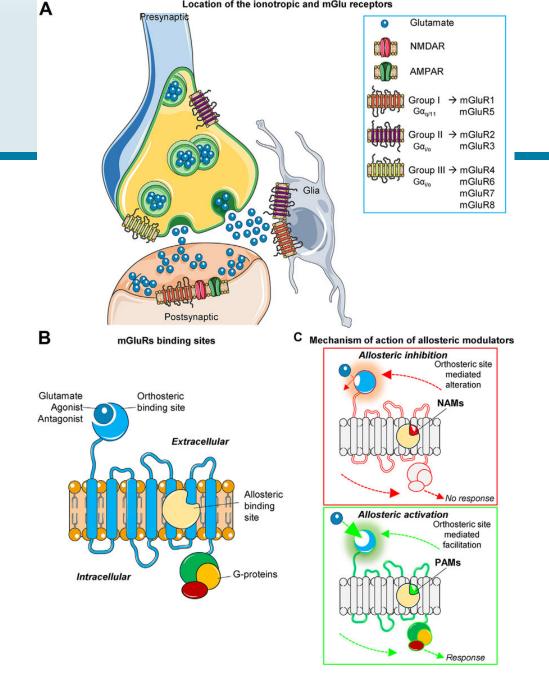
- BCI-632
  - inhibits mGLU 2/3 presynaptic autoreceptor
  - Increases serotonin release
  - Chronic administration hippocampal neurogenesis
  - "Ketamine without psychosis"
- BCI-838
  - Prodrug
  - Single and multiple escalating dose study completed



#### **EAAT**

- Troriluzole BHV-4157
  - Increases glial glutamate transporter-1





### Allosteric Modulators of NMDA

- Positive
  - CAD-9303 negative sx's of Schizophrenia
- Negative
  - CAD-9271
  - Treatment Resistant Depression
  - NMDAr 2B selective negative allosteric modulator
  - Currently in phase 2.



## Glycine Modulators

- AV-101
  - Oral prodrug of 7-chloro-kynurenic acid
  - Potent glycine antagonist.
  - Fast-track status for adjunct treatment TRD
  - Phase II trials underway



# **Purine Antagonists**

- JNJ-54175446
  - -P2X7 receptor antagonist
  - -Gene in area identified as susceptible to mood disorders
  - Receptor highly expressed in microglia.
     Mediates Glu release
  - IL-1β
  - Phase II trial ongoing (12/21).

Neuroscience and Behavioral Reviews, 2018:192-205



#### **GABA Modulators**

#### Alopregnanolone (Brexanolone)

- GABA-A receptor agonist
- Postpartum Depression
- Metabolites antagonize NMDA
- Men and Women with PTSD deficient alloprenanolone.
- Combined with extinction protocol.
- Study completion expected 2025.

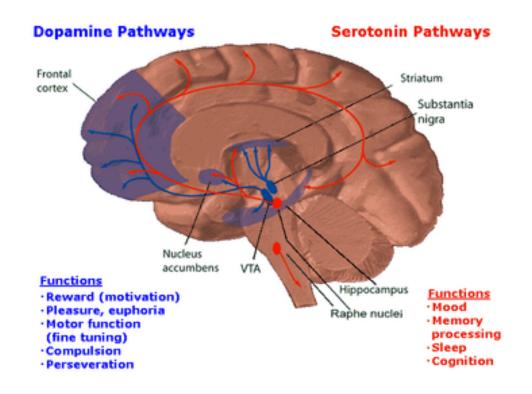


#### **GABA Modulators**

- Ganaxolone
  - GABA-A Allosteric modulator-hyperpolarizes
  - Phase II for status epileticus
- SAGE-217
  - GABA-A Allosteric modulator
  - Failed Phase III trial suspended program



# **Monoamine Projections**





# Hallucinogens

- 5-HT2A partial agonists
- Metabotropic Serotonin Receptor agonists
- PFC, Thalamus
- Raphe nuclei
- Three chemical classes
  - Tryptamines
  - Lysergamines
  - Phenethylamines
- Psychotherapy augmentation



# Triple Reuptake Inhibitors (SNDRI's)

- Ideal Profile: Strong SERT; intermediate NET; and mild DAT inhibition. S. Stahl 2013
- Cocaine
- Phencyclidine
- Ketamine
- Ginkgo biloba extract (EGb761) Wikipedia 2017

# <u>SNDRI</u>

#### **Ansofaxine**

- -Prodrug of desvenlafaxine
- -SERT:NET:DAT: 4:5:3
- -NDA filed with FDA, March 2020.



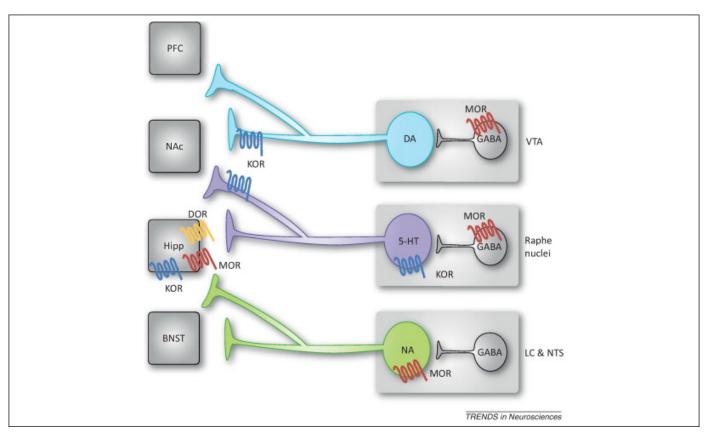
# <u>SNDRI</u>

#### Mazindol

- IR previously marketed as obesity drug
- 2 Sustained release preparations in development
- NE reuptake inhibitor
- Blocks cocaine binding to DA receptors
- Phase II for Narcolepsy and ADHD



# **Opiates and Monamines**



Lutz PE, Kieffer BL., Trends Neurosci 2013; 195-206



# **Opiate Receptors**

- Mu
  - Increased GABA tone on 5-HT neurons
- Kappa
  - Agonists are potent analgesics
  - Dysphoria, hallucinations, dissociation
  - Antagonists reverse learned helplessness.
  - Dynophan: decreases Glu and DA
  - BDNF
- Delta
  - BDNF
- Opioid Receptor Like 1 (ORL1)



# **Opiate Candidates**

- Buprenorphine (MOR partial agonist; KOR antagonist)
  - Used off label for TRD
- ALKS-5461
  - buprenorphine/samidorphan
  - KOR antagonist
  - FDA rejected NDA.



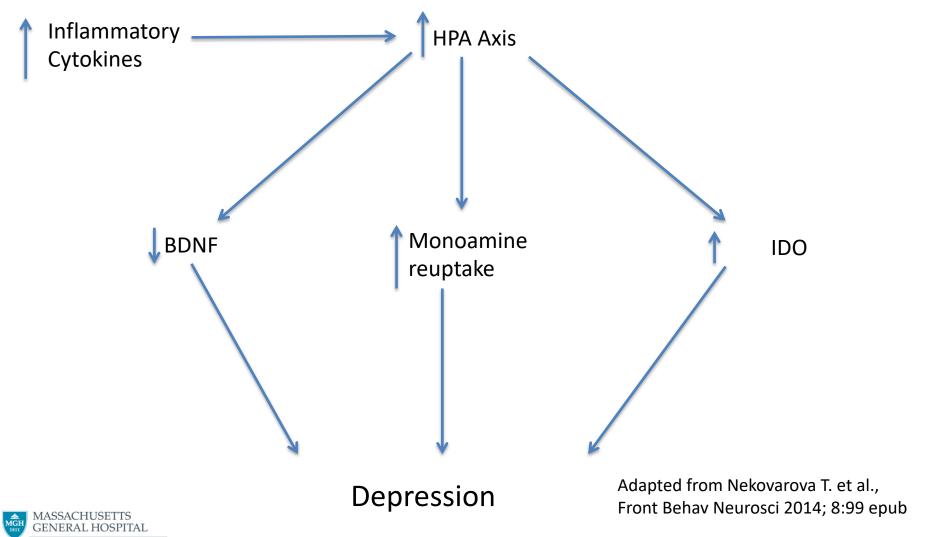
# **Opiate Candidates**

#### **CERC - 501**

- Short acting KOR antagonist.
- 30 fold selectivity for k receptors relative to mu and delta OR's.
- 2017 sold to Janssen JNJ-67953964
- Phase IIA trial completed May 6, 2020.



# Inflammation and Depression



**PSYCHIATRY ACADEMY** 

## **Inflammatory Markers and Depression**

#### **Meta Analysis 1967 - 2008**

- Interleukin-1
   d=0.35 (95%CI:0.03-0.67) p=0.03
- Interleukin-6
   d=0.25 (95%CI:0.18-0.31) p<0.001</li>
- C-Reactive Protein
   d=0.15 (95%CI:0.10-0.21) p<0.001</li>

Howren M, et al. Psychosomatic Medicine 2009; 71:171-186.



# **Inflammation**

#### <u>Infliximab</u>

- Tumor Necrosis Factor (TNF)
- 4 studies, 152 subjects.
- No Difference in HAM-D scores.
- Elevated TNF, CRP may define treatment responsive subtype.

Bavaresco DV et al., Pharmacol Biochem Behav 2020



### Inflammation

- Exercise/weight loss
- Sertraline/ketoprofen 2017
  - Interleukin
  - Results pending



## Inflammation

#### **ALKS-3831**

- Olanzapine/Samidorphan
  - MOR antagonist
- NDA filed
- Samidorphan mitigates weight gain associated with olanzapine.



#### Neurosteroids

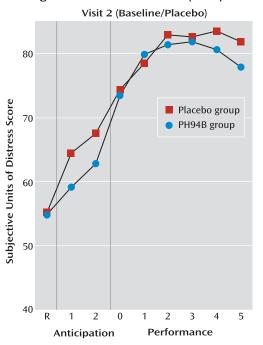
#### **PH-10**

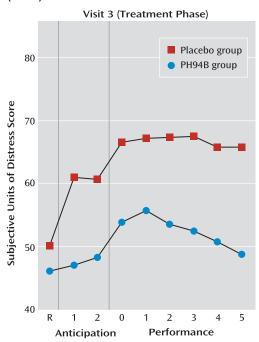
- MDD
- Inhaled Neurosteroid
- Phase IIA: 8 week trial
- n=30; PBO, 3.2 ug, 6.4 ug
- 8 week HAMD: 6.4 ug-17.8 vs PBO -10.9 p=0.02
  - 1 week HAMD: 6.4 ug-10.1 vs PBO -4.2 p=0.03



## **PH94B**

FIGURE 2. Public Speaking Challenge, Minute-by-Minute Subjective Units of Distress Scores for Women With Social Anxiety Disorder Receiving Intranasal Aerosol PH94B (N=45) or Placebo (N=46)<sup>a</sup>





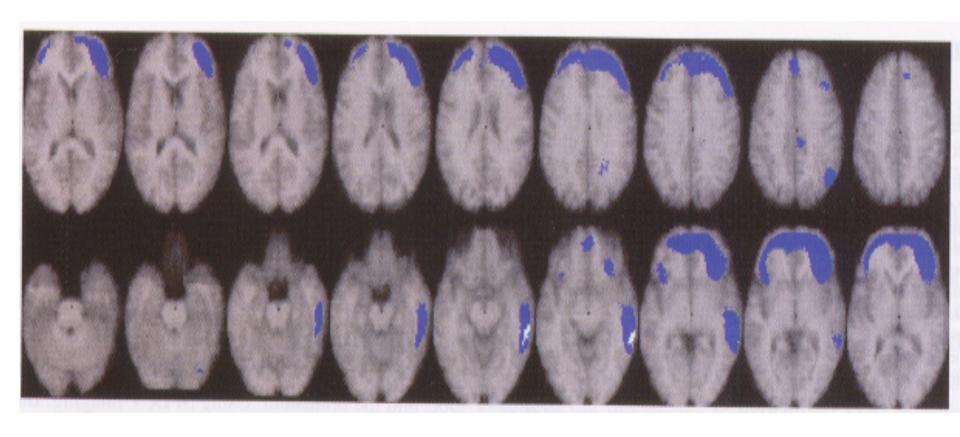
<sup>&</sup>lt;sup>a</sup> At visit 2, both groups received placebo. R=resting.

# Inositol Monophosphate Inhibitor

- Ebselen (SPI-1005)
- "Lithium mimetic"
- Fast Track Status in Meniere's Disease.
- Phase II study in bipolar disorder.



# Neuromodulation





#### Neuromodulation

- Deep TMS
- TMS: Theta burst
  - 5 RCT's, 221 subjects
  - pooled RR 35.6% v 17.5% p=0.005 Berlim MT et al., 2017.
- ECT- Multifocal Stimulation
- Magnetic Seizure and iLAST Therapy



#### Botox

- Corrugator and Procerus muscles injections
- Facial nerve signaling would shift.
- Phase II trial results were mixed.
- Postmarketing safety surveillance: Botox cohorts reported fewer depressive AE's.

Markunts T et al., Sci Rep. July, 2020



# Physiotherapeutic Facial Massage

- 15 Minutes daily
- Relaxation of facial muscles associated with negative emotion.
- Strengthening of facial muscles associated with positive emotion.
- Study completion date June, 2021.



# **Adjunct Tools**

- Teen Depression Module: online tool for PCP's to screen teens for Depression
- CBT augmented with text messaging: Individual and Group
- Depression Decision Aid (DDA) Shared decision making tool.
  - -Improved treatment initiation but not outcome.



# Genotyping

#### PK:

Cytochrome P450 Isoenzymes

#### PD:

- SERT (S)
- Antidepressant transport
- Individual Receptors -5-HT1A; 5-HT-2A
- BDNF Val 66Met decreased hippocampal volume
- IL-1b mRNA levels higher in non-responders.
- IL-6 (rs 7801617) escitalopram response.
- Polygenic Risk Scores



# Genotyping

#### FDA: October 31, 2018:

- "... the relationship between DNA variations and the effectiveness of antidepressant medications has never been established."
- "There are a limited number of cases for which at least some evidence does exist to support a correlation between a genetic variant and drug levels within the body, and this is described in the labeling of FDA cleared approved genetic test and FDA approved medications."



### Conclusions

- Glutamate system offers multiple targets.
   Avoiding the psychotomimetic effect while maintaining efficacy is the challenge.
- Addiction and fatalities from OD have slowed progress on opiates and hallucinogens.
- Metabolic consequences of illness/medications suggests some acute treatments may worsen long-term course of illness.
- Rational Polypharmacy?



## References

- 1. Individual Company websites.
- Clinical trials.gov
- 3. FDA.gov
- 4. Wikipedia; 9/23/2018 List of Investigational Antidepressants.
- 5. Mental Health Daily; 30+ New Antidepressants (2018): Drugs in Clinical Trials.

